

LUNCH

MONDAY, SEPTEMBER 15, 2025

CHICKPEA CAESAR WRAP



CALORIES
315

SODIUM
2855mg

PROTEIN
8g

FAT
15g

CARBS
37g

CHOLESTEROL
10mg

FIBER
4g

THAI PINEAPPLE FRIED RICE



cashews



contains
plant-based JUST egg



CALORIES
250

SODIUM
800mg

PROTEIN
11g

FAT
10g

CARBS
28g

CHOLESTEROL
0mg

FIBER
3g

CREAMY CHIPOTLE CHICKEN



CALORIES
192

SODIUM
350mg

PROTEIN
21g

FAT
12g

CARBS
0g

CHOLESTEROL
55mg

FIBER
0g

CHEESE RAVIOLI W/BOLOGNESE



CALORIES
370

SODIUM
900mg

PROTEIN
18g

FAT
16g

CARBS
38g

CHOLESTEROL
25mg

FIBER
4g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

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3-CHEESE SOUFFLÉ



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
300	650mg	22g	21g	5g	350mg	0g

RISOTTO FLORENTINE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
218	450mg	6g	6g	35g	0mg	3g

CHICKEN FLORENTINE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
375	450mg	21g	30g	5g	130mg	0g

HOT TURKEY & BACON CROISSANT



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
455	1,070mg	22g	25g	35g	101mg	1g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen